



June 2023
FLY OF THE MONTH
"Lafontaine Sparkle Caddis Pupa"



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Lafontaine Sparkle Caddis Pupa

This is a version of Gary Lafontaine's Sparkle Caddis Pupa. Gary studied how the caddis larva would expand and transform as it shot up to the surface of the stream. The pupa stage would inflate with gas and the body would fill up creating a bubble. The Antron yarn gave a good reflective property to sparkle as it moves quickly to the surface.

MATERIALS

Hook: Daiichi 1560 1X Strong 1XL Wet/Nymph Hook

Thread: Color to match the body, I am using olive 6/0

Underbody: Olive Sparkle Antron Dubbing

Bubble: Olive Antron Yarn

Legs: Partridge Body Feather

Thorax: Brown Antron Sparkle Dubbing



1. Start the thread one third back from the eye of the hook.

Leave the hook bare behind the eye of the hook.



2. Tie in two strands of the Olive Antron Yarn. One strand on the far side of the hook and the other on the near side of the hook...



3. Dub a body using the Olive Antron Sparkle Dubbing at least two thirds of the shank length.



4. Make open spirals of the thread to behind the eye of the hook.



5. Pull the two strands of Antron yarn on both sides of the hook and get ready to secure them behind the eye of the hook.



6. Secure with tight wraps the Antron Yarn behind the eye of the hook



7. Pull the yarn towards the body of the fly. This is why the hook was left bare so the material would slide to form the bubble. Secure the Antron yarn into position with tight wraps then cut the excess yarn.



8. Tie in a Partridge feather by the tip.



9. Wrap the partridge feather twice and then secure the feather. Each wrap stroke the fibers rearward towards the bend of the hook



10. Dub a thorax with dark brown Antron Sparkle Dubbing.

Whipfinish and done.

Editors Notes: This fly can be tied in other colors and sizes. So just experiment and match the hatch.

Video: You can see this fly being tied as well as the JC Electric Caddis Larva, Elk Hair Caddis and the X-Caddis on this video

https://youtu.be/ZWm_NsdV6-4

Fly of the Month: Do you know someone who you think should be featured in the Fly of the Month? If so, feel free to refer them. If you have a camera and computer, you can write a Fly of the Month article to honor your favorite tier tying their best creation. For details contact the Fly Tying Group at ftg@flyfishersinternational.org.

Please note: The demonstration you are viewing makes no claim, implied or otherwise, that the presenter or demonstrator of the fly pattern was the original creator of the fly. This is the guest tier's version of this fly and it may differ from the creator's or other versions and variations.

Please Credit FFI Website or FFI Fly Tying Group Fly of the Month with any use of the pattern. You can direct any questions or comments to ftg@flyfishersinternational.org.